

<p style="text-align: center;">FRIDAY Programme Descriptor 2021 Semester 2</p>	<p style="text-align: center;">Special Notes</p>
<p>Description</p>	
<p>AJHS Animal Club and Care In our school community we have several outdoor enclosures that provide homes to our various animals. Every Friday programme time you will work in a group to take care, maintain and develop these unique outdoor spaces to ensure our animals can live and thrive in appropriate environments. To participate in this animal care group you need to be motivated, trusted, hard working, and passionate about animals.</p>	<p>Animal Cub students will be automatically in this group PLUS extra students for animal care. Capacity for 56 students</p>
<p>Authors and Illustrators Open to Year 9 and 10 students - Year 7's and 8's by invitation only. If you live and breathe writing and long to publish your work, or if you are that student who always gets told off for drawing instead of doing your other tasks, this class is for you. All students joining this course need to be self-starters, bring their A-game to every lesson and be innovative, creative, dynamic thinkers. Collaboration on projects is a definite possibility - bring your ideas and dream big! Capacity for the class is 30 students and we are hoping for a fairly even mix of illustrators and authors. Enrol early to avoid disappointment - last year we had a waiting list!</p>	<p>Semester 1 students may remain if they wish Year 9 and Year 10 students only Capacity for 30 students</p>
<p>ENVIRO At AJHS we have our unique tunnel house and butterfly space outside Makomako. These special enclosures need our care. Additionally, we have a focus to strengthen our recycling process and programme. If you have a passion for the environment, being outdoors, and working with other students with positivity and team focus, please join us.</p>	
<p>Explore the world with Kungfu Panda Do you want to discover the amazing diversity of the world and increase your knowledge of another country? Do you want to learn Martial Art-Taiji or Fan Dancing? Do you want to be the tour guide and learn some survival language to help you with traveling? Do you want to</p>	<p>Capacity for 23 students Year 8 and Year</p>

<p>make your own food like bubble tea and sell it at market day? Do you want to learn traditional card games or board games? Are you interested in different types of art like brush painting and calligraphy from different countries? If you answered 'yes' to any of the above, please join us on this world adventure!</p>	<p>9 students only</p>
<p>Book Club Do you love reading? Do you enjoy challenging yourself by reading texts your peers would not normally choose to read? If so, come and join the book club! It's a chance to get to know other students with similar ideas, a chance to read together, discuss what we are reading, look deeper into the meaning of the texts and delve deeper into the author's mind. It is also a chance to improve your writing, as we will be critiquing the books that we read and sharing these with the wider school community via a website we create.</p>	
<p>Paper Art A humble piece of paper has so many possibilities – it can be folded, laser-cut, layered and made into sculptures. If you would like to create different types of paper art, from card making to quilling and origami to decoupage, this is the Friday Programme for you! The options are endless to make beautiful art for yourself or your family. Beginners to advanced artists may apply. Open to all years. Paper will be provided along with tools and craft supplies. We look forward to seeing you in Semester 2 where you try something new!</p>	
<p>Catering Crew Become part of the school's Catering Crew for school events. We will focus on both service and food preparation for large scale catering. Learn how to cook a range of canapes and finger foods, present them beautifully and stick to a budget. We will then put our new skills to the test by actually preparing and serving food at some of our school events throughout the year.</p>	<p>Year 9 and Year 10 students only</p>
<p>Chess If there are any pupils who have not played chess before we will teach you the basic moves, watch you develop these skills and strategies through playing chess, and then coach you to improve. Players who are more experienced will be shown more advanced openings and ideas so as to help them to become better. We will have a tournament towards the end of term to test everyone's learning and champion strategies!</p>	
<p>Media and Current Events What's in the news right now? Locally? Nationally? Internationally? We will read and analyse some news stories as they are breaking. Ace the current events quiz every week.</p>	

<p>How can we as news consumers discern factual reporting from commentary or opinion? We will also look at the news business, what is a news cycle, how do newspapers and TV news channels make money?</p> <p>How has modern social media changed and shaped how we now consume news and information? <i>This links strongly to ethics, values and perspectives in the NZ Social Science curriculum</i></p>	
<p>Transfer Printmaking onto Wood</p> <p>Each week we will explore a different technique used to transfer images onto wood. Techniques include xerox laser image transfer, acetate transfers, street art stenciling, acetone and acrylic gel transferring, digital screen printing, pyrography, transparent film transfer, hydro dipping and various forms of etching. During the semester students will also be shown various methods of cutting and joining wood to make wooden items that they can apply their imagery onto.</p>	
<p>Knitting & Crochet</p> <p>Knitting and crocheting are similar, yet different. Both crafts use yarn to make items, but knitting is done with two knitting needles and the stitches are loops. Crocheting, on the other hand, is done with just one crochet hook and the stitches resemble small knots. The resulting projects look different. Come along and learn either craft to create something exciting. You will need to supply your own needles or hook and wool please.</p>	
<p>Volleyball</p> <p>Come and have a go, hone your skills, enjoy the competitiveness, learn to score and umpire and play the game!</p>	Year 9-10 only
<p>Softball</p> <p>Come and join our programme that will be fun and challenging. Learn the skills to power hit a softball into the outfield. Discover the inner pitcher in you. Learn 50 to 80km per hour throws and pitching. Strategy and psychology in sport.</p>	Year 7-10 only
<p>Golf</p> <p>Are you the next Lydia Ko or Rory McIlroy? Come and learn about skill development through the wonderful sport of golf in a fun, friendly and relaxed environment. This programme class will be held at North Shore Golf Club (a short two minute walk from school) where an experienced coach will help you to learn correct techniques and develop basic golf skills.</p>	Capacity for 20 students (offsite programme)

<p>500 Club Join our card club to learn some traditional and non-traditional card games. There is more to card playing than just UNO, so come and discover some new games that will involve logical thinking and strategy and, most of all, fun! There will even be a chance for you to teach other people favourite games you and your family enjoy.</p>	
<p>Lego Challenge Each week you will be given a new challenge to create a model or scene, e.g. an environmentally friendly house, a space station, a water themed leisure park. All lego will be provided and is mostly a group activity. You will be required to describe your creation, as well as justifying your reasons for making your model. Come along and enjoy the challenge.</p>	Year 7 and 8 only
<p>Girls Boot Camp An achievable and fun opportunity to join a fitness based programme aimed at young women, helping them improve their confidence and participation in physical activity. If you are passionate about improving your wellbeing and fitness with a group of other young women, come and join us on Friday to finish your week in an energetic and positive way. You will need your PE gear, exercise shoes and water bottle.</p>	
<p>Maths Club This programme will enhance your maths and problem solving skills, having some fun along the way. You will engage in a variety of activities, looking at how maths integrates with other learning areas. You will get involved with solving maths and logic puzzles and learn effective strategies that help you complete these. As a group, you will also be involved in putting together a maths newsletter for students. This will involve some of the activities we have done as well as other ideas you would like to include.</p>	Year 7 and 8 only
<p>Minecraft Creations Collaborate or work solo to design, plan and create a digital representation of something you are interested in such as:</p> <ul style="list-style-type: none"> ● An ancient Egyptian pyramid ● A sustainable working farm ● A scaled model of an existing building/city ● A 'new age' city ● A space station ● An escape room complex <p>The only limits are your imagination!</p>	Capacity for 26 students
<p>Mindfulness / Yoga</p>	

<p>Practicing mindfulness will help you focus on the things that are important to you. We do this through yoga, breathing exercises, restorative practices and keeping an acknowledgement journal. Bring a mat, wear comfortable clothing and start the weekend feeling refreshed.</p>	
<p>Fake News / Conspiracy Theories presentation slide</p> <ul style="list-style-type: none"> ● Impact of social media ● Misinformation ● Propaganda ● Advertising ● Satire ● Deep fakes ● Hoax ● Click bait ● Conspiracy theories <p>In today's world, how do we know what's real? You must bring your own digital device please.</p>	<p>Year 8-10 only</p>
<p>Number Strategies in Games Learn the strategies to solve sudoku and other number-based puzzles such as magic squares, and board games such as Backgammon and Acey Deucey. What are the benefits and disadvantages of these games? Design and make one of your own.</p>	
<p>Planes, boats and automobiles How do planes fly although they are heavier than air? Why do boats not sink when a block of iron does? Why do racing cars have smooth tyres but road cars have tyres with tread? How can you design cars and boats to go faster? Explore the physics behind transport design by making and testing models.</p>	<p>Year 7 and 8 only</p>
<p>PE Extra This programme is geared to those students who feel they need an additional PE lesson in their week. There will be a focus on team building, team sports and fitness. PE Extra will include a variety of ball sports and invasion games that will encourage you to develop both skill and strategy while working with others during a range of activities.</p>	<p>Year 7 and 8 only</p>
<p>Photography Students will use their creativity in all sorts of environments around designated themes. Whilst studying photography, students will capture moments in time and tell stories through their images. They will learn to think creatively as well as developing the technical skills. Please bring your own camera or ensure your phone camera works effectively.</p>	

<p>Photoshop Adobe Photoshop is imaging and graphic design software used by millions of people in many different roles across the world. Not only is it for photos, but you can use Photoshop for designing websites, editing videos, and creating 3D artwork. In this class you will learn the basics of photoshops resulting in art, websites, posters etc.</p>	
<p>Psychology 101 In this programme students will look at behavioural psychology, cognitive psychology, attachment psychology and neuroscience with an emphasis on normal / optimal developmental psychology. We will also look at the ethics of psychological experiments and some past blunders. Students will learn why they have more arguments with their parents, why they now want to stay up late at night, why they might get upset more easily and how to navigate the journey through adolescence from a psychological perspective.</p>	
<p>Realistic Pencil Sketching Do you want to improve your skills at realistic pencil sketching of real life objects? Have you gained some confidence creating line sketches, and are now ready to start adding realistic light, shadow and shading effects? If you are interested in bringing realistic form and 3-dimensionality to your still life object drawings, then this is the class for you! We will cover a different subject matter each week. At the completion of this programme you will have a portfolio of realistically detailed pencil sketches.</p>	
<p>For the love of Scrapbooking Bring your creativity and flair to this class. Students will use photographs to showcase their life stories or the stories of someone important /interesting to them. Written accounts of each memoir will be included to enhance and explain each photo. Learn how to develop themes and backgrounds to create your own photo memoir. Experiment with different backgrounds, colours, embellishments and layout.</p>	
<p>Sports Journalism Do you want to learn how to write like a journalist? Love sports? Then Sports Journalism is the programme for you! You will write reports on many different sports, create a player profile, and learn how to pen an opinion piece. So join Sports Journalism, watch sport, write about it, and have fun!</p>	
<p>Sign Language Did you know that sign language is the third official language in New Zealand? If you would like to communicate with people who have no hearing, learn how to meet, greet, ask</p>	

<p>questions and respond to basic sentences through hand gestures, then this is the programme for you! Learn how to hand sign popular songs - who knows where this could take you next?</p>	
<p>SWAG: The Storytellers', Worldbuilders', and Adventurers' Guild (M14) Develop your creative writing skills. Learn how to write, create and act out compelling "three dimensional" characters. Develop script writing or authorship skills through the discovery of narrative structure and character arcs. Learn about creating realistic and immersive fictional worlds, civilisations, cultures, and important personalities. Build self-confidence and develop your drama and performance skills through role playing and shared storytelling games in a comfortable, non-judgmental setting.</p>	
<p>Therapeutic Colouring Need help lifting your mood? Do you need to develop your spatial and creative thinking? Do you need to improve your focus and concentration in class? Therapeutic colouring is an opportunity to participate in activity that will capture these things. We would love you to join us to enjoy colouring in, on a variety of templates and activities. You must bring your own colouring pencils.</p>	
<p>Buy Low, Sell High! Join me to learn about Wall Street and how the stock market works. This program is mostly US centric but we will also learn about Te Paehoko o Aotearoa/NZ's Exchange. We will use a stock market simulator to virtually invest money. Are you up for a bit of competition? This is a beginners course. You will need your device.</p>	Year 8-10 only
<p>The World of the Latino This programme is for students who want to extend their Spanish speaking skills and knowledge of latino culture. You will practice your Spanish by playing games and reading a range of texts. You will immerse yourself in the latin culture by watching short clips, movies and listening and analysing Spanish music.</p>	Open to Year 9 and Y10 students who have taken Spanish previously
<p>Yoga and mindfulness Life can be crazy at times! In our busy world it's important to find the time for self-care. This comes in many forms, and some of the self-care that we will be exploring will be taking care of our bodies with Yoga for relaxation and strength, taking care of our minds with mindfulness, and taking care of our emotions with gratitude journaling. Come and join a group where we learn to appreciate the art of self-care. This programme could help you to manage stress and boost compassion, focus, empathy, patience, energy, and ultimately, happiness.</p>	
<p>Dance (PAC)</p>	

<p>Come and join us for a FUN session of dancing! We will learn and explore many genres, including; musical theatre, hip hop, tap, jazz and latin. We will hopefully put on our own performance in Term 4 to wow the crowds!</p>	
<p>Performing Arts Tribe (Musical Theatre and Behind the Scenes) Whether you want to be on stage or help out behind the scenes, whether you are a novice or experienced, the world of Performing Arts offers so many opportunities to learn and grow with others who are also passionate about the Performing Arts. We will hopefully work with the other Performing Arts Groups to produce a performance in Term 4 which will wow the crowds!</p>	
<p>Sports Coaching & Leadership If you aspire to be involved in sports leadership, either as a coach, umpire or manager, this is your opportunity to develop your skills. Each week we will examine different aspects of coaching and leadership, such as qualities of a good coach, leadership styles, effective feedback and developing engaging sessions.</p>	
<p>Puzzles and Brain Challenges Do you enjoy solving sudoku, crosswords and riddles? What about escape room sequences and challenges? Come and enjoy solving puzzles and brain teasers. You will have the opportunity to design, draw and publish your own puzzles and escape room sequences as well. Beginners and pros welcome!</p>	
<p>Board Games Do you want to become a better version of yourself and learn to cooperate and challenge others in a respectful manner? Board games can provide this opportunity for you! Playing board games improves your memory, develops logic and reasoning, extends your critical thinking, and expands your teamwork and communication skills. Come along, relax, play and engage in a variety of board games that will reset your mind on a Friday afternoon.</p>	
<p>K-POP - language and culture Do you watch a lot of K-dramas or K-music? Do you want to explore a different culture and learn a new language? Join this Korean course to learn all about the Korean culture, analyse Korean films and learn the basics of Korean language!</p>	
<p>AJHS Choir (Junior Choir from Wed PROG also welcome to join) Singing is fun, uplifting, inspiring... tonic for the soul. Give it a go – you'll see that we are a group of diverse people with a shared passion for choral singing. You will also enjoy a healthy dose of musical challenge and you'll make some wonderful new friendships too!</p>	

Fashion Illustration and Design

Learn how to successfully illustrate your fashion design ideas on a Fashion Croquis (body template). Experiment with different ways to present your design ideas to develop your own unique style of fashion illustration techniques. It is advised that you have a clear file to hold your work, or use a visual diary. Please bring your own 2B pencil, eraser, and coloured pencils.

Origami

Most of us know that origami is the Japanese art of folding paper into interesting shapes - usually animals, flowers and dragons etc. But did you know that scientists and engineers are finding practical applications for origami in space, medicine, robotics, architecture and even folding kayaks? Come to origami and learn the basic folds to create your own pieces and designs, with the possibility of contributing to a group origami project.